

Bupa

 BlueCross  
BlueShield  
Global

## SELECT HEALTH PLAN

A COLLABORATION BETWEEN TWO OF THE MOST RESPECTED NAMES IN GLOBAL HEALTHCARE

BUPA GLOBAL IS THE SOLE INSURER OF THIS PLAN  
From 1 April 2022

# WELCOME TO THE NEXT CHAPTER OF GLOBAL HEALTHCARE

We have never wanted to be the same as the rest. That's why more than 3,000 globally minded people were asked to help create our range of global health plans.

The simple tiered range brings the same great service expected, but it's more than just insurance. We also focus on our customers' all-round health through a number of wellness services included.

So whether in times when you need us most, like when you're ill or facing a serious health condition, or when you're healthy, we'll be there.

With us, you're a truly private patient, enjoying direct access to specialist care without having to wait for a referral. You're not limited to medical providers local to you either. An international network of leading specialists allows you to choose when and where you receive treatment within your area of cover in the UK and Europe.



## TWO OF THE BIGGEST, MOST TRUSTED NAMES IN GLOBAL HEALTHCARE

Bupa Global and Blue Cross Blue Shield Global have teamed up to deliver high quality healthcare products and services. This combined strength, scale and expertise means customers can be confident that they have access to quality healthcare when and where they need it.

Customers who have U.S. coverage within their plan can now enjoy even bigger benefits. This health plan does not include U.S. cover. If you would like to purchase a higher level of cover, including access to U.S. medical facilities, please contact us or view our premium health plan range at [bupaglobal.com](http://bupaglobal.com).

## EXCEPTIONAL SERVICE ON EVERY LEVEL

We deliver the exceptional high level of service for which we are renowned, and we provide cover for:

- In hospital and out-patient care
- Health checks – helping to prevent as well as cure (a 10 month waiting period applies)
- Mental and holistic therapies – caring for mind as well as body
- Evacuation – if the treatment you need isn't available locally, we'll get you and one other person to where it is available
- Treatment for cancer and other serious illnesses, for as long as needed whilst you are a customer
- Hereditary, congenital and chronic conditions (subject to underwriting)
- Transplants and rehabilitation

### Bupa Global is the sole insurer of this plan.

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## WHY CHOOSE THE SELECT HEALTH PLAN?

It's good to know that should you ever need it, this plan provides up to £1m annual regional cover. The Select Health Plan gives you access to in hospital and out-patient care, however big or small, from tests and diagnostics to surgery and aftercare. Treatment for chronic, congenital and hereditary conditions may also be covered, subject to underwriting.

You could benefit from annual health checks after a 10 month waiting period and having accident-related dental treatment as part of your cover.

Both annual and monetary limits across our premium health plans for in-patient and day-patient mental health treatment are the same as for physical treatments.

To find out more about our other plans in the range visit [bupaglobal.com](http://bupaglobal.com)

# SUMMARY OF BENEFITS

Full details of the benefits, limitations and exclusions can be found on [bupaglobal.com](http://bupaglobal.com) or in the membership guide.

BENEFIT AND EXPLANATION	
All benefits below, even those paid in full, will contribute to the overall annual maximum limit	Overall annual maximum GBP 1,000,000 / EUR 1,250,000 / USD 1,700,000
Geographical area of cover	Europe No cover outside of Europe
OUT-PATIENT DAY TO DAY CARE	
Annual maximum *paid in full up to the annual maximum of out-patient day to day care limit	GBP 7,500 / EUR 9,400 / USD 12,800
CO-INSURANCE OPTIONS	
Co-insurances	Mandatory 15% Optional 25% The insurance certificate will detail the co-insurance that applies to out-patient day to day benefits
Out-patient surgical operations	Paid in full*
Pathology, radiology and diagnostic tests	
Specialist consultations and doctors' fees	Paid in full* Up to 15 consultations each policy year
Qualified nurses	
Mental health	Up to GBP 1,000 / EUR 1,250 / USD 1,700 each policy year
Prescribed medicines and dressings	
Durable medical equipment	
PREVENTIVE TREATMENT	
Health Screening (waiting period - 10 months)	Up to GBP 250 / EUR 310 / USD 420 each policy year

BENEFIT AND EXPLANATION	
IN-PATIENT CARE	
Hospital accommodation, room and board	Paid in full. Semi-private room outside of the UK Standard private room in the UK
Parent accommodation in hospital	Paid in full
Operating room, medicines and surgical dressings	
Intensive care	
Surgery, including surgeons' and anaesthetists' fees	
Physicians' consultation fees	
Pathology, radiology and diagnostic tests	
Mental health	
Physiotherapists, occupational therapists, speech therapists and dieticians	
Obesity surgery (waiting period of 24 months)	
Prophylactic surgery	
Prosthetic devices	Per device up to GBP 4,000 / EUR 5,000 / USD 6,800
Prosthetic implants and appliances	Paid in full
Reconstructive surgery	
Accident-related dental treatment	
HOSPICE AND REHABILITATION	
Hospice and palliative care	Up to GBP 25,000 / EUR 31,000 / USD 42,000 per lifetime
Rehabilitation (multidisciplinary rehabilitation)	Paid in full up to 30 days each policy year

BENEFIT AND EXPLANATION	
<b>IN-PATIENT AND / OR OUT-PATIENT CARE</b>	
Advanced imaging	Paid in full
Cancer treatment	
Transplant services	Each condition up to GBP 200,000 / EUR 250,000 / USD 340,000
Kidney dialysis	Paid in full
<b>TRANSPORTATION / TRAVEL</b>	
Evacuation	Paid in full
Travel cost for an accompanying person	
Travel cost for the transfer of children	
Living allowance	10 days each policy year up to GBP 100 / EUR 120 / USD 170 per day
Local air ambulance	Paid in full
Local road ambulance	
Repatriation of mortal remains	
Full details of the benefits, limitations and exclusions can be found on <a href="http://bupaglobal.com">bupaglobal.com</a> or in the membership guide.	

## GENERAL EXCLUSIONS

This is a summary of general exclusions. For full details please refer to the membership guide.

Administration / registration fees	Experimental or unproven treatment	Obesity*
Advance payments / deposits	Footcare	Persistent vegetative state (PVS) and neurological damage
Artificial life maintenance*	Genetic testing	Sexual problems
Birth control	Gender issues	Sleep disorders
Complementary therapists	Harmful or hazardous use of alcohol, drugs and / or medicines	Stem cells
Conflict and disaster	Health hydros, nature cure clinics etc	Surrogacy
Convalescence and admission for treatment that could take place as a day-case or out-patient, general care, or staying in hospital	Illegal activity	Temporomandibular joint (TMJ) disorders
Cosmetic treatment	Infertility treatment	Treatment outside area of cover
Developmental problems	Maternity and childbirth	Unrecognised medical practitioner, hospital or healthcare facility
Eyesight	Mechanical or animal donor organs	

\* unless eligibility criteria has been met

## A FEW THINGS THAT MAKE US DIFFERENT

Decades of medical expertise and dedication to health, a global team of advisers and health experts who speak multiple languages. We are also prioritising your mental health, and there are no annual or monetary limits with this plan for in-patient and day-patient mental health treatment.

### REINVEST IN HEALTH

Your health is at the heart of everything we do. To maintain this focus, we continue to remain free of shareholders, re-investing profits back into our business. It fuels our drive to innovate and improve how we deliver first-class services and access to care.

### SUPPORTING MENTAL HEALTH

At Bupa Global we believe that mental health and wellbeing are just as important as physical health. To support this, both annual and monetary limits across our plans for in-patient and day-patient mental health treatment are the same as for physical health treatment.

### GLOBAL ACCESS IN YOUR HANDS

The 'Global Virtual Care' app provides you with access to a global network of doctors, offering medical guidance and consultations, plus same day virtual appointments - available 24/7.

### FINANCIAL REASSURANCE

Health insurance isn't just about your health. It's also about not worrying about unexpected costs. With us by your side, you can simply focus on enjoying life.

### MULTILINGUAL ADVISERS

When it comes to healthcare advice, we know that speaking to someone in your own language is more than reassuring. It's key. For this reason, our team of advisers are able to offer 24/7 telephone support in multiple languages.

### PRE-EXISTING CONDITIONS

We don't believe past health issues should stop you from enjoying your future. That's why many pre-existing conditions could be covered under our global health plans, subject to our General Exclusions and medical underwriting. An additional premium may apply.

### THE VALUE OF A SECOND OPINION

The Second Medical Opinion service is available for all our Bupa members when making a medical decision for a serious, complex or chronic condition, or if you have unanswered questions and you need some reassurance.

### ACCESS YOUR ACCOUNT ONLINE

You can now access our exclusive and secure website and mobile app **MembersWorld** whenever you need to. With it, you can submit and track progress of claims, submit pre-authorisation requests, get access to your membership card and insurance documents and chat to us anytime with our in-app messaging service.



## FIND OUT MORE

If you'd like more information  
we're here to help.

Call us on +44 1273 208 181  
or visit [bupaglobal.com](https://www.bupaglobal.com)

Calls may be recorded  
or monitored.

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