

# International medical insurance for the globally minded

Bupa Global is the worldwide part of the Bupa Group – a healthcare company with over 40 years' medical experience and a range of facilities that include care homes, hospitals, primary care centres and dental clinics.

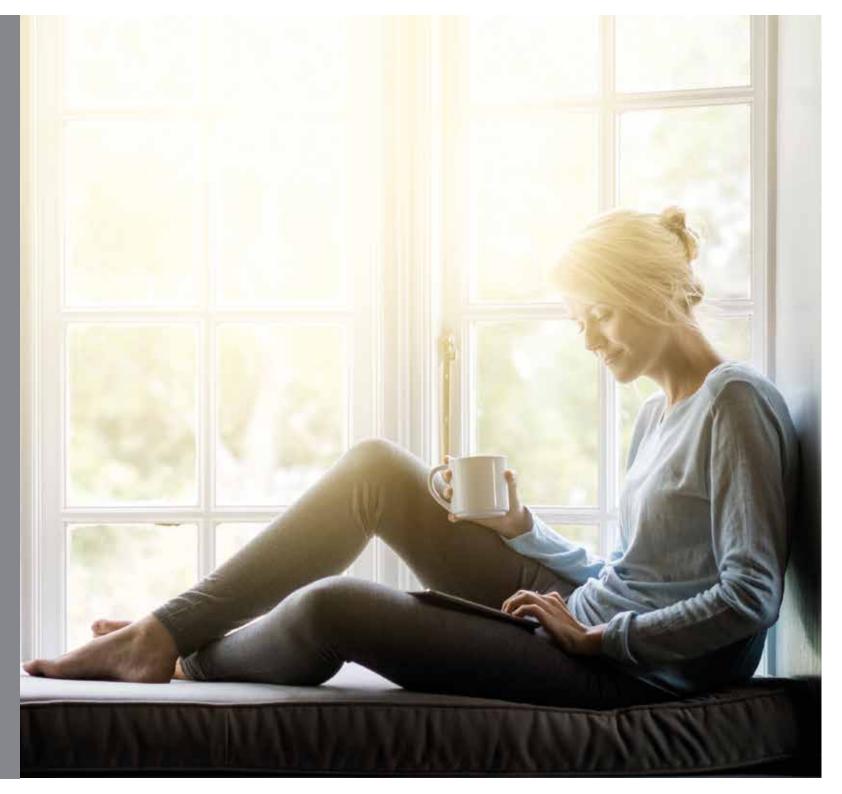
At Bupa Global, we're giving globally minded customers access to appropriate medical care and exceptional coverage – whether at home or away. Our range of global health plans are designed for those wanting the highest level of cover available within Bupa and access to some of the best healthcare anywhere in the world, within your area of cover.

Our comprehensive range of health plans include a renowned level of service available in many languages, and access to thousands of medical facilities and experts worldwide.

Offering a range of benefits for body and mind, that go beyond insuring you in case of emergency. Our plans are designed to help keep you in the best of health.

We support customers worldwide through access to over 1.5 million medical providers (inc. U.S.).

Our purpose is very simple: helping people live longer, healthier, happier lives.



# Product overview

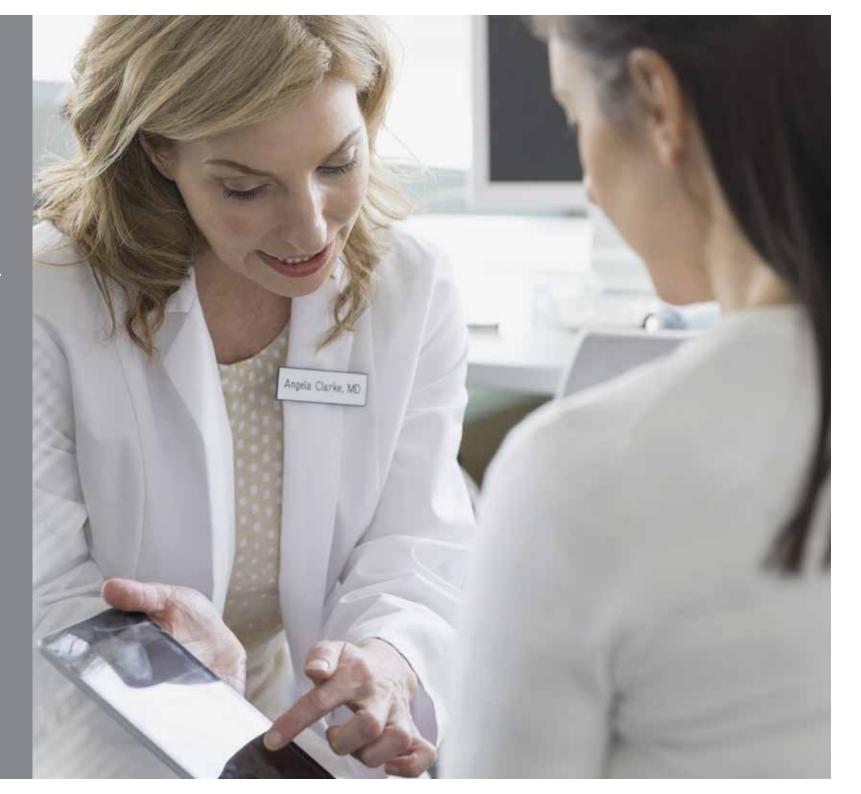
Bupa Worldwide Health Options is our menu-based plan for individuals and families. Whether you're living at home, working abroad or constantly on your travels, it allows you to match your health insurance to your location and lifestyle needs.

Starting with our core in-patient cover, you simply build a plan by selecting the healthcare modules that are right for you. This could be additional out-patient benefits and health assessments, or cover for worldwide medicines and evacuation.

Each module has its own specific healthcare focus. But they all come with 24/7 support on the phone, a relationship manager to help you with anything you need and access to some of the best healthcare facilities in the world.

The flexibility isn't restricted to features and benefits. If you want to keep costs to a minimum, you can choose from a range of deductible options. By contributing to your treatment, you can reduce your premiums without having to compromise on your cover.

So regardless of what you choose, you can relax knowing that you'll be in safe hands.



### **Bupa Worldwide Health Options - Summary of benefits**

Bupa Worldwide Health Options	- Summary or benefits
Core cover: Worldwide Medical Insurance	Physiotherapy, osteopathy and chiropractor treatment
Staying in hospital overnight or as a day-case	Consultations and treatment with therapists,
Parent accommodation	complementary therapists and qualified nurses
Nursing care	Psychiatrists', psychologists' and psychotherapist fees
Operating room, medicines and surgical dressings	Speech therapy
Intensive care, intensive therapy, coronary care and high	Pathology, X-rays and diagnostic tests
dependency unit	Young child care
In-patient, day-case and out-patient surgical operations, including surgeons' and anaesthetists' fees	Maternity (after 24 months' membership)
Specialists' consultation fees	Accident-related dental treatment
Pathology, X-rays and diagnostic tests	Transplant services
Physiotherapy, chiropractor and osteopathy, therapists,	Option: Worldwide Medicines and Equipment
complementary therapists, dietician and speech therapist	Prescribed medicines and dressings
Rehabilitation	Durable medical equipment
Advanced imaging	Long-term prescription medicines (after 3 years' membership
Mental health treatment overnight in hospital, including	Option: Worldwide Wellbeing
room, board and treatment costs	Screening and prevention:
Mental health treatment as a day-case, including room, board and treatment costs	Full health screen (after 1 years' membership)
Prosthetic implants and appliances	Mammogram
Prosthetic devices	Papanicolaou (PAP) test
Childbirth and treatment in hospital (after 24 months'	Prostate cancer screen
membership)	Colon cancer screen
Childbirth at home or birthing centre (after 24 months'	Bone densitometry
membership)	Four dietetic consultations
Complications of maternity and childbirth (after 24 months' membership)	Vaccinations
Medically essential Caesarean section (after 24 months'	Dental:
membership)	Preventive (after 6 months' membership)
Newborn care	Routine and major restorative (after 6 months' membership)
Cancer treatment	Orthodontic (after 6 months' membership)
Transplant services	Optical:
Hospice and palliative care	Eye test (including consultation)
Local road ambulance	Spectacle lenses
Local air ambulance	Contact lenses
Home nursing	Spectacle frames
Hospitalisation cash benefit	Option: Worldwide Evacuation
Emergency dental treatment	Evacuation
Treatment of congenital and hereditary conditions	Repatriation
Kidney dialysis	Travel cost for an accompanying person
Option: Worldwide Medical Plus	Travel cost for the transfer of minor children
Specialists' consultation and doctors' fees	Living allowance

### **Bupa Worldwide Health Options - Summary of benefits**

Repatriation of mortal remains

Compassionate visit and return

Compassionate visit living allowance

	Compassionate visit living allowance		
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	We do not pay for:		
	Artificial life maintenance		
	Birth control		
	Conflict and disaster		
	Convalescence and admission for general care		
	Cosmetic treatment		
	Developmental problems		
	Donor organs		
	Experimental or unproven treatment		
	Eyesight		
	Footcare		
	Genetic Testing		
	Harmful or hazardous use of alcohol, drugs and/or medicines		
	Health hydros, nature cure clinics, etc		
	Illegal activity		
	Infertility treatment		
	Obesity		
	Persistent vegetative state (PVS) and neurological damage		
	Personal exclusions		
	Pre-existing conditions		
	Preventive treatment		
	Reconstructive or remedial surgery		
	Sexual problems and gender issues		
	Sleep disorders		
	Stem cells		
	Surrogate parenting		
	Temporomandibular joint (TMJ) disorders		
	Travel costs for treatment		
	Unrecognised medical practitioner, hospital or healthcare facility		
	U.S. treatment		

Please note: This table provides a high-level summary only about the types of cover provided on the Core cover and Options. Full details of the benefits, limitations and exclusions can be found on bupaglobal.com or in the health plan guide. Cover for pre-existing conditions is subject to underwriting. Please ask your sales adviser for further information.

## Why us?



### The Bupa Global difference

Over 40 years of medical expertise and dedication to health. A global team of advisers and health experts who, between them, speak multiple languages – and a service that exceeds expectations. These are just a few of the things that make us different.



### Global network

Allowing access to a network of over 1.5 million medical providers (inc. U.S.), we give customers the flexibility to choose where and how they receive treatment. We settle directly with our network of providers, so you don't have to pay upfront for your treatment.



### Confidence in your diagnosis

The solution to health problems isn't always black and white. That's why we offer you the opportunity to get another opinion from a world-class specialist. A second medical opinion service is available to all customers looking for confidence and peace of mind in their medical diagnosis.



### Access your account online

You can now access our exclusive and secure website and mobile app MembersWorld whenever you need to. With it, you can submit and track progress of claims, submit pre-authorisation requests, get access to your membership card and insurance documents and chat to us anytime with our in-app messaging service.



### Family support

Our 'Bupa Family Plus' app offers tips and guidance for you and your family from pregnancy, through the important milestones of your child's development and into teen years.



### **Multilingual advisers**

When it comes to healthcare, we know you want support from people who understand you and your needs. That's why we have a 24/7 multi-lingual team who are able to speak with you on the phone in many languages and can support you, wherever and whenever you need it.



### Supporting mental health

At Bupa Global we believe that mental health and wellbeing are just as important as physical health. To support this, we have removed both annual and monetary limits from this plan for in-patient and day-patient mental health treatment (up to the annual maximum limit of your chosen plan), and we also now include cover for ADHD, addiction and self-inflicted injuries



### Global access in your hands

Our 'Global Virtual Care' app provides you with access to a global network of doctors, offering medical guidance and consultations, plus same day virtual appointments – available 24/7.

### Find out more

If you'd like more information we're here to help.

Call us on +44 1273 208 181 or visit bupaglobal.com

# **Notes**

### General services:

+44 (0) 1273 323 563

### Medical related enquiries:

+44 (0) 1273 333 911

Your calls may be recorded

Bupa Global

Victory House

Trafalgar Plac

Brighton

BNI 4FY

United Kingdom

bupaglobal com

### The world of Bupa

Care home

Cash plans

Dental insurance

Health analytic

Health assessm

Health at work service

Health centre

Health coaching

Health information

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International health insurance

Personal medical alarm

Retirement village:

Travel insurance

Bupa Global is a trading name of Bupa Insurance Limited and Bupa Insurance Services Limited which are registered in England and Wales at Companies House under numbers 3956433 and 3829851 respectively. The registered offices are 1 Angel Court, London EC2R 7HJ, UK. Bupa Insurance Limited is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. Bupa Insurance Services Limited is authorised and regulated by the Financial Conduct Authority. The Financial Registration numbers of Bupa Insurance Limited and Bupa Insurance Services Limited are 203332 and 312526 respectively.

Global Virtual Care, the Second Medical Opinion service and Bupa Family Plus services, are provided by a third party, directly to you. Bupa Global assumes no liability and accepts no responsibility for information provided by this third party; or the performance of the services. Support and information provided through these services do not confirm that any related treatment or additional support is covered under your health plan. These services are not intended to be used for emergency or urgent

Global Virtual Care, the Second Medical Opinion service and Bupa Family Plus services are not regulated by the Financial Conduct Authority or by the Prudential Regulation Authority.

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