

PREMIER GLOBAL HEALTH PLAN

A COLLABORATION BETWEEN TWO OF THE MOST RESPECTED NAMES IN GLOBAL HEALTHCARE

WELCOME TO THE NEXT CHAPTER

OF GLOBAL HEALTHCARE

Founded by doctors, our sole purpose is to help people live longer, healthier, happier lives, and making a better world. That's why our policies are designed to meet your needs, whatever stage you're at in life.

The simple tiered range brings the same great service that you can always expect from Bupa, but this is more than just insurance. We also focus on our members' all-round health through a number of wellness services included.

Plus, through our collaboration with Blue Cross Blue Shield Global, our members can now enjoy even bigger benefits from their plan.

With us, you're a truly private patient, enjoying direct access to specialist care without having to wait for a referral. You're not limited to medical providers local to you either. Our international network of leading specialists allows you to choose when and where you receive treatment within your area of cover.





TWO OF THE BIGGEST. MOST TRUSTED NAMES IN GLOBAL HEALTHCARE

Bupa Global and Blue Cross Blue Shield Global have teamed up to deliver high quality healthcare products and services. This combined strength, scale and expertise means members can be confident that they have access to quality healthcare when and where they need it.

Members will have access to a large network of healthcare providers worldwide, utilising both the Blue Cross Blue Shield networks in the U.S. and Bupa's networks outside the U.S.

EXCEPTIONAL SERVICE ON EVERY LEVEL

For these global health plans, we deliver the exceptional high level of service for which we are renowned, and we provide cover for:

- o In hospital and out-patient care
- o Health checks helping to prevent as well as cure (a 10 month waiting period applies)
- o Mental and holistic therapies caring for mind as well as body
- o Evacuation if the treatment you need isn't available locally, we'll get you and one other person to where it is available
- o Treatment for cancer and other serious illnesses, for as long as needed while you are a member
- o Hereditary, congenital and chronic conditions (subject to underwriting)
- o Transplants and rehabilitation

WHY CHOOSE THE PREMIER GLOBAL **HEALTH PLAN?**

You could go anywhere within your area of cover, including the U.S., safe in the knowledge that your Premier Global Health Plan is always with you. It gives you worldwide cover up to £1.5m and, should you need them, standard private hospital room and alternative treatments are available. Treatment for chronic, congenital and hereditary conditions may also be covered, subject to underwriting.

Choosing this plan means we'll also keep an eye on your day-to-day health with a host of wellness services, including annual health checks and dental and eye check-ups (after a 10 month waiting period and having accident-related dental treatment as part of your cover). We also prioritise your mental health by removing annual and monetary limits from this plan for in-patient and day-patient mental health treatment.

To find out more about our other plans in the range visit bupaglobal.com

Bupa Global is a trade name of Bupa, the international health and care company. Bupa is an independent licensee of Blue Cross and Blue Shield Association. Bupa Global is not licensed by Blue Cross and Blue Shield Association to sell Bupa Global/Blue Cross Blue Shield Global co-branded products in Argentina, Canada, Costa Rica, Panama, Uruquay and US Virgin Islands. In Hong Kong, Bupa Global is only licensed to use the Blue Shield marks. Please consult your policy terms and conditions for coverage availability. Blue Cross and Blue Shield Association is an association of independent, community-based and locally operated Blue Cross and Blue Shield companies. Blue Cross Blue Shield Global is a brand owned by Blue Cross and Blue Shield Association. For more information about Bupa Global, visit bupaglobalaccess.com, and for more information about Blue Cross and Blue Shield Association, visit www.BCBS.com

SUMMARY OF BENEFITS

Full details of the benefits, limitations and exclusions can be found on bupaglobal.com or in the membership guide.

BENEFIT AND EXPLANATION			
All benefits below, even those paid in full, will contribute to the overall annual maximum limit	Overall annual maximum GBP 1,500,000 / EUR 1,875,000 / USD 2,550,000		
OUT-PATIENT DAY TO DAY CARE			
*paid in full up to the annual maximum of out-patient day to day care limit of GBP 15,000 / EUR 18,750 / USD 25,500	Annual maximum GBP 15,000 / EUR 18,750 / USD 25,500		
CO-INSURANCE OPTIONS			
No co-insurance Optional 15% Optional 25% The insurance certificate will detail the co-insurance that applies to our	ut-patient day to day benefits		
Out-patient surgical operations	Paid in full*		
Pathology, radiology and diagnostic tests	Pald III Idii		
Specialist consultations and doctors' fees			
Qualified nurses			
Mental health	Paid in full*		
Physiotherapists, osteopaths and chiropractors	Up to 30 consultations each policy year		
Occupational therapists and orthoptists			
Footcare			
Dietetic guidance	Paid in full* up to 4 visits each policy year		
Prescribed medicines and dressings	Up to GBP 2,000 / EUR 2,500 / USD 3,400		
Durable medical equipment	each policy year		
PREVENTIVE TREATMENT			
Health Screening (waiting period 10 months)	Up to GBP 500 / EUR 620 / USD 850 each policy year		
Vaccinations	Up to GBP 500 / EUR 620 / USD 850 each policy year		
Eye test	Paid in full 1 test each policy year		

BENEFIT AND EXPLANATION		
DENTAL TREATMENT/HEARING AIDS/OPTICAL		
Dental treatment		
Preventive dental (waiting period 6 months)	Paid in full 2 visits each policy year	
Accident related dental treatment		
Routine dental (waiting period 6 months)		
Major Restorative (waiting period 6 months)	50% up to GBP 1,000 / EUR 1,250 / USD 1,700	
Hearing aids / Optical	each policy year	
Hearing aids		
Spectacle frames and lenses and contact lenses	1	
IN-PATIENT CARE: FOR ALL IN-PATIENT AND DAY-PATIENT TREATME	NT COSTS	
Hospital accommodation, room and board	Paid in full - Standard private room	
Parent accommodation in hospital		
Operating room, medicines and surgical dressings		
Intensive care	Paid in full	
Surgery, including surgeons' and anaesthetists' fees		
Specialists' fees		
Pathology, radiology and diagnostic tests		
Mental health	Paid in full	
Physiotherapists, occupational therapists, speech therapists and dieticians	Paid in full	
Obesity surgery (waiting period of 24 months unless eligibility criteria has been met)		
Prophylactic surgery		
Prosthetic devices	Up to GBP 2,500 / EUR 3,100 / USD 4,200 for the initial device needed as part of your treatment	
Prosthetic implants and appliances	Paid in full	
Reconstructive surgery		
Accident-related dental treatment		
HOSPICE AND REHABILITATION		
Hospice and palliative care	Up to GBP 25,000 / EUR 31,000 / USD 42,000 per lifetime	
Rehabilitation (multidisciplinary rehabilitation)	Paid in full up to 30 days each policy year	

BENEFIT AND EXPLANATION

IN-PATIENT AND / OR OUT-PATIENT CARE		
Advanced imaging	Paid in full	
Cancer treatment		
Advanced Therapy Medicinal Products (ATMPs)	Paid in full, one course of treatment for each condition per lifetime	
Transplant services	Each condition up to GBP 400,000 / EUR 500,000 / USD 680,000	
Kidney dialysis	Paid in full	
Treatment for or related to gender dysphoria	Up to GBP 48,000, EUR 64,000 or USD 80,000 per membership year	
TRANSPORTATION / TRAVEL		
Evacuation	Paid in full	
Travel cost for an accompanying person		
Travel cost for the transfer of children		
Living allowance	10 days each policy year up to GBP 100 / EUR 120 / USD 170 per day	
Local air ambulance		

Full details of the benefits, limitations and exclusions can be found on bupaglobal.com or in the membership guide

Paid in full

GENERAL EXCLUSIONS

Repatriation of mortal remains

Local road ambulance

This is a summary of general exclusions. For full details please refer to the membership guide.

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Administration / registration fees	Eyesight	Obesity*	
Advance payments / deposits	Experimental or unproven treatment	Persistent vegetative state (PVS) and neurological damage	
Artificial life maintenance*	Genetic testing	Professional sports activities	
Birth control	Treatment for or related to gender dysphoria*	Sexual problems	
Chinese medicine	Harmful or hazardous use of alcohol, drugs and/or medicines	Sleep disorders	
Complementary therapists	Health hydros, nature cure clinics or any establishment that is not a hospital	Stem cells	
Conflict and disaster	Illegal activity	Surrogacy	
Convalescence and admission for treatment that could take place as a day-case or out- patient, general care, or staying in hospital	Infertility treatment	Temporomandibular joint (TMJ) disorders	
Cosmetic treatment	Maternity and childbirth	Treatment outside of the network	
Developmental problems	Mechanical or animal donor organs	Unrecognised medical practitioner, hospital or healthcare facility	

* unless eligibility criteria has been met

A FEW THINGS THAT MAKE US DIFFERENT

Decades of medical expertise and dedication to health, a global team of advisers and health experts who speak multiple languages. We are also prioritising your mental health by removing annual and monetary limits from this plan for in-patient and day-case mental health treatment.

REINVEST IN HEALTH

Your health is at the heart of everything we do. To maintain this focus, we continue to remain free of shareholders, re-investing profits back into our business. It fuels our drive to innovate and improve how we deliver first-class services and access to care.

SUPPORTING MENTAL HEALTH

At Bupa Global we believe that mental health and wellbeing are just as important as physical health. To support this, both annual and monetary limits across our plans for in-patient and day-case mental health treatment are the same as for physical health treatment.

GLOBAL ACCESS IN YOUR HANDS

The Global Virtual Care service, available via the MembersWorld app, provides you with access to a global network of doctors, offering medical advice and consultations, plus same day virtual appointments – available 24/7.

MULTILINGUAL ADVISERS

When it comes to healthcare advice, we know that speaking to someone in your own language is more than reassuring. It's key. For this reason, our team of advisers are able to offer 24/7 telephone support in multiple languages.

FINANCIAL REASSURANCE

Health insurance isn't just about your health. It's also about not worrying about unexpected costs. With us by your side, you can simply focus on enjoying life.

PRE-EXISTING CONDITIONS

We don't believe past health issues should stop you from enjoying your future. That's why many pre-existing conditions could be covered under our global health plans, subject to our General Exclusions and medical underwriting. An additional premium may apply.

THE VALUE OF A SECOND OPINION

The Second Medical Opinion service is available for all our Bupa members when making a medical decision for a serious, complex or chronic condition, or if you have unanswered questions and you need some reassurance.

ACCESS YOUR ACCOUNT ONLINE

You can now access our exclusive and secure website and mobile app MembersWorld whenever you need to. With it, you can submit and track progress of claims, submit pre-authorisation requests, get access to your membership card and insurance documents and chat to us anytime with our in-app messaging service.





FIND OUT MORE

If you'd like more information we're here to help.

Call us on +353 176 17340 or visit bupaglobal.com

Calls may be recorded or monitored.



Global Virtual Care and Second Medical Opinion are provided by a third party, directly to you. Bupa Global assumes no liability and accepts no responsibility for information provided by this third party; or the performance of the services. Support and information provided through these services do not confirm that any related treatment or additional support is covered under your health plan. These services are not intended to be used for emergency or urgent medical treatment.

Global Virtual Care and Second Medical Opinion are not regulated by the Central Bank of Ireland. DAC-PREM-SALE-EN-XXXX-2310-0047219

